



# Office of Social & Emotional Wellness OVERVIEW

## Who are we?

The Office of Social & Emotional Wellness (OSEW) is a branch of the Bureau of Student Wellness & Nutrition at the New Hampshire Department of Education. We support the creation of sustainable systems of care that promote academic performance through the lens of social and emotional wellness.

## What is our mission?

OSEW advances youth social-emotional wellness by collaborating with federal, state, community, and family partners to implement evidence-based, data-driven, preventative and responsive approaches to develop lifelong social-emotional skills among New Hampshire students.

## Who do we work with?

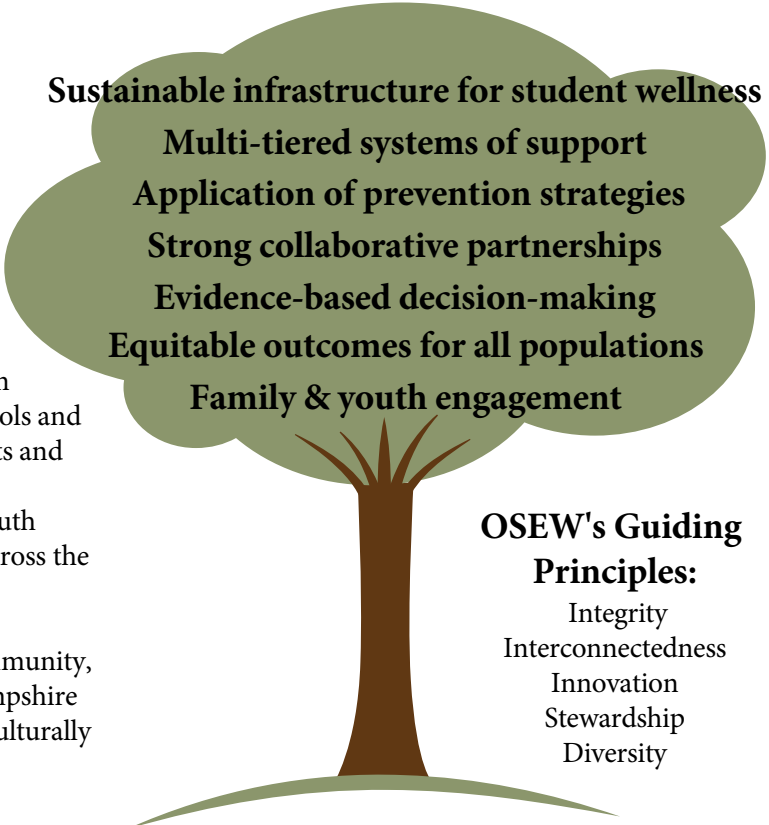
- Schools and Districts
- Community Mental Health Agencies
- Community Partners
- Federal and State Agencies
- Statewide Committees
- Data Analysts

## How do we do it?

OSEW utilizes a three-pronged approach: champion implementation of a multi-tiered system of support for behavioral health (MTSS-B) in schools and districts, create and disseminate prevention toolkits and resources founded in empirical research and best practices, and promote family engagement and youth empowerment by fostering strong relationships across the the System of Care.

In all our work with schools, agencies and the community, we honor and promote the values of the New Hampshire System of Care; our state-level team strives to be culturally and linguistically competent, trauma-informed, community-based, and family and youth driven (see NH RSA 135-F).

## What we advance:



**Sustainable infrastructure for student wellness**  
**Multi-tiered systems of support**  
**Application of prevention strategies**  
**Strong collaborative partnerships**  
**Evidence-based decision-making**  
**Equitable outcomes for all populations**  
**Family & youth engagement**

## OSEW's Guiding Principles:

Integrity  
Interconnectedness  
Innovation  
Stewardship  
Diversity

## Learn more about us:

✉ [NHStudentWellness@doe.nh.gov](mailto:NHStudentWellness@doe.nh.gov)

☎ 603.271.3720

📘 @NHStudentWellness

🐦 @NHSchools

🌐 <https://bit.ly/LInhdoe>

📺 [bit.ly/NHDOEwellness](https://bit.ly/NHDOEwellness)

**General Information:** <http://bitly.ws/pHbz>

**Grants and Funding Opportunities:** <https://bit.ly/nhosewgrants>

**Prevention Toolkits and Resources:** [nhdoe.instructure.com/courses/37](http://nhdoe.instructure.com/courses/37)